



# CORDYCEPS



Cordyceps, also known as caterpillar fungus, has been a staple in traditional Chinese medicine for centuries.

It is known for its ability to help improve athletic performance, increase energy levels, and improve overall health.



Renowned for its potential immune-boosting properties and reported benefits in energy enhancement

Its adaptogenic qualities are also highly valued, as it may help the body adapt to stress and promote overall well-being.

